

This Week at ASCARC

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First of June News at ASCARC



- The men from our Hillside group home are out walking for our Walkathon and enjoying the neighborhood and local streets around their home. Great spring weather is inviting the men to get out into our beautiful surroundings. Our Walkathon has now raised over \$146,000 for the SCARC family of services. Thank you all for walking.

- Our Day Hab Goes Digital program provided Art Class activities to participants with mugs and special permanent markers to decorate coffee mugs for our coffee activities. **Jim and Dan at our Hardyston group home** are proud of their creations. They will remember the lessons every time they drink coffee from the newly decorated mugs.



- **Joyce and Sharon from our Stillwater group home** enjoyed cooking curried cauliflower in our Day Hab Goes Digital program with **SCARC's dietician Jenny Torino**. Jenny provided a good lesson in healthy eating class to the digital viewers. Many amateur chefs cooked the meal at home. Learning cooking and baking skills has become a highlight of the Day Hab Goes Digital program. Jenny's nutrition program is underwritten with grants from **Selective Insurance Foundation and the Newton Medical Center Foundation**.

- The ladies from our Frankford group home enjoy their new furniture in their gazebo in their backyard. The furniture was paid for using Walkathon funds. Most of our group homes have raised funds from our Walkathon fundraiser, and are able to use the funds to purchase items for the home. The furniture looks beautiful!



- On a recent hot day when the weather is stifling, the folks from our Sussex group home enjoy a cool ice cream sundae in the coolness of their home. **Jerry, Krista, Sean, and Nina** prepared their own sundaes and cooled off from the heat.
- Don't forget to stay safe this summer, stay cool, and hydrate!