

# This Week at ASCARC

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## Middle of June News at ASCARC



- The residents of our Fredon group home journeyed to Stokes State Forest for an outing including a hiked up Sunrise Mountain. In addition, they had a BBQ in Stokes State Forest. The individuals were very proud of themselves for making it to the top of the mountain! Good opportunities abound to exercise in the Forest and to enjoy our natural environment. Good hiking guys!

- Our **Day Hab Goes Digital program** enjoyed a lesson on ice cream making. The “**How It’s Made**” lesson included a virtual tour of the Turkey Hill ice cream company in Lancaster PA. **Melissa** (l) shows how ice cream can be made, and **Judy** (r) shows how to taste and enjoy the final product.



- The men from our Hampton group home traveled into the community at Wild West City in Stanhope where they were able to enjoy the outdoors in a western context. Getting out of the house into a fun adventure is a good idea for our recent good weather. Glad everyone had a great time!

- **Ernie from our Beemerhill group home** made a short trip to neighboring **Space Animal Farm in Beemerville** to admire stuff wildlife including the large Kodiak bear at the exhibit. Getting out into the community is a very popular activity to all now that COVID is tamed.



- **Nancy joined in with our Day Hab Goes Digital program** to make a rabbit which was part of the lesson this week during our **Critter Care** segment. Our friends from **Farm Chicks** taught us all about Rabbits. **Diana from Critter Care** taught us all about rabbits, their habitats, food, and most importantly about the responsibilities of owning a rabbit. She spoke about not only keeping their cage clean and giving them food and water, but also about the love and nurturing they need. After the educational information the participants were led, by Diana, in an art project.
- As a result of our **2021 Walkathon fundraising event**, we were able to distribute over \$35,000 directly to our group homes to purchase necessary house related items and furnishings. Our group homes formed teams and raised their own funds to support the homes. Congratulations all!