

This Week at ASCARC

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Early August News at ASCARC



- We welcome a new resident into our **Lenape group home in Stanhope, Carolyn**, who brings an added flavor to the home. Her cheeriness and positive personality is welcome to the other residents. Welcome Carolyn!

- Our **Summer Experience teens** went to **Delaware Raptor Center in Milford, PA**. Jan, one of the co-founders of the Raptor Center is showing the group a **Saw Whet Owl**. She gave a one-hour educational talk where the campers were able to meet 5 different raptors up close, including a bald eagle. After the one hour talk the campers went with Jan to take a tour of the enclosures that house all 11 raptors at the center. A fascinating time was enjoyed by all.



- **Andrew from our Hillside group home** shows off squash from the garden the residents planted and cultivated. Many of our SCARC group homes have small gardens to grow vegetables like squash and tomatoes. This give a sense of pride and focus for the residents. Good job Andrew and the men from Hillside.

- **James (right) works with a staff from Peter's Valley School of Crafts** during our Summer Experience program to create a pendant for a necklace. Peter's Valley has been a very supportive school for our teens this summer.



- **Nina from our Sussex group home** went flower collecting to help decorate the group with dried wild flowers, including goldenrod and Russian Sage. The Sussex group home is always decorated in a fine fashion, and these flowers will add to the décor. Good job Nina!

- At right, **Spencer** enjoyed cooking his Moroccan dish, Moroccan Chicken with Couscous. In Cooking with our **Nutritionist Jenny Torino** today, Spencer and other participants made the dish and learned the health benefits of carrots. This meal is part of Jenny's Heart Healthy Diet menus.



- **Craig at our Newton group home** is enjoying the home garden on the sunny side of the home. They love to grow cucumbers this season, and all residents have a definite taste for home grown vegetables. Good work Craig!

- Come visit the **SCARC booth at this year's Farm & Horse Show** at the Sussex County Fairgrounds, August 7 – August 14. Stay well and safe when you visit the Fair.