

This Week at ASCARC

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Later October News at ASCARC



- Our **Sparta group home ladies and gentlemen** traveled to Dingmans Falls in Pennsylvania to enjoy the eponymous waterfalls as well as the beautiful fall foliage. They all had a great time of being in the great outdoors during our warm Autumn weather. In the photo, Karen, Mark, Lauren, Walter, and Joe cherished the opportunity of experiencing the beauty of the natural and wooded lands to explore.

- What is Autumn without pumpkin picking? The folks from our **Newton group home** made their way to Lentini Farms in Newton to pick some beautiful Sussex County pumpkins to use for decorations at their group home front porch. In the photo are **Ned, Lisa, Butch, Sean, Peter, and Craig**. Great picking everyone!



- The men from our Hillside group home went apple picking at Beemerville Orchards in Beemerville. The owners of the orchard have been long time supporters of SCARC, and have always invited our residents to come to the farm to pick apples. Leif, Richard, and Andrew enjoyed a beautiful day on the farm, and now have apples to eat back at their home.

- **Chef Spencer** (right) shows off his homemade **Cauliflower Crust Pizza** that he made during Virtual Day Hab's, "Cooking with the SCARC's Nutritionist". **Jenny Torino, SCARC's nutritionist**, is planning many healthy meals for our program participants to prepare at home. Thank you to all at-home folks who are eager to be involved with Jenny to prepare healthy meal choices.



- **Sean from our Newton group home** was surprised at his workplace at **ACME in Blairstown** when the store manager called a group of employees together to celebrate **Sean's 25 years of services** at the supermarket. He also receives a gift from the company, and Sean chose an Eddie Bauer jacket as his gift. What a great tribute to Sean for his dedication and allegiance to the ACME company! Congratulations Sean for a job well done!

- Not wanting to be left out, **our Branchville group home** participates in the annual **Branchville Scarecrow Contest** whereby each residence in the town creates a homemade scarecrow in the front yard. He is mostly made of sticks, vines, tree branches and bark found on the property. Everyone had fun putting the scarecrow entry together. Happy Halloween everyone!

