

# THIS WEEK AT ASCARC

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FRIDAY, AUGUST 25, 2023

- Its sunflower season! While I am a self-proclaimed summer fanatic, I do love that time in August when the sunflowers bloom and the Sussex County sunflower field/maze opens up. Maybe I like them so much because sunflowers typically signify hope, warmth, strong bonds, strength and lasting happiness. What matters most is that we all get out and enjoy all the beautifully blooming sunflowers!



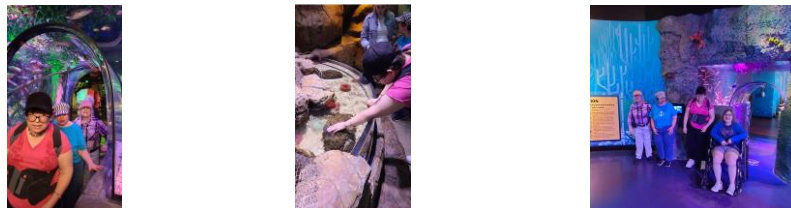
- The ladies from Frankford are enjoying their week away in Ocean City Maryland! They worked really hard to raise money for the Walkathon and it looks like its paid off in big fun! I can't wait to hear all about the trip!



- The Eickmann Center has had adventures inside and outside! While getting out to fish and go to the park is a blast, making homemade zucchini bread from fresh grown zucchini is also tons of fun.



- The Patty Dolan Center ventured out to the aquarium this week and even go to partake in the touch tank!



- As many of you know, this coming Thursday (Aug. 31<sup>st</sup>) from 407 p.m. we will be having our Awards Celebration at Skylands Park. We have a GREAT turnout and the weather is looking good! Stay tuned for next week's newsletter for pictures from the event!!